

## 1st Pres eNews

February 28, 2023

### Important Links

[1stPresDowntown.org](https://1stPresDowntown.org)

[Church Calendar](#)

[1st Pres on Facebook](#)

[Giving](#)

[Prayer Requests](#)

[1st Pres on YouTube](#)

### Blog of the Week

Janet Starkey



#### Celebrating Amazing Women

March is Women's History Month and what better time to think about strong and heroic women in the Bible? Women who are truly amazing.

Melanie Rainer wrote in a March 2020 ... [Read More](#)

## This Week



**In everything we do we will love first;  
God, each other, and our neighbors.**

Our congregation is one of eight churches to house Family Promise. We schedule these families for a week at a time and do so five times a year. We know THAT we are part of Family Promise (FP), but what do we know ABOUT Family Promise?

Of the 12 families served in 2022, half of them were homeless for the first time. Half of them found independent housing within 60 days of homelessness. Once a family is part of FP's program, they are nurtured throughout their stay. FP provides not only a place to stay during

### Holy Communion This Sunday | March 5th

Please be sure to gather your communion elements before the service begins if you are worshiping from home.



### Presbyterian Women

General Meeting | March 21st | 1 pm

We welcome Sue Bockelman aka "The Plant Pro" as our guest speaker at this month's Presbyterian Women general meeting.

Sue's love for gardening started at a garden center in Rochester, NY during high school. Sue received a Bachelor's Degree in Landscape Horticulture at Colorado State University and has worked at a variety of garden centers, nurseries and

the day and weekly overnight housing in churches but case management, transportation to school and work, financial training, school supplies, continuing education, and follow-up support.

1<sup>st</sup> Presbyterian supports our families through volunteers who provide meals for the week and dinner, breakfast, and overnight hosts. Volunteers setup and take down the rooms and launder the linens. The volunteer signup board is in Krueger Hall outside the Youth Room. Our next hosting will be March 12-19.

**A generous person will prosper;  
whoever refreshes others will be  
refreshed.**

**Proverbs 11:25**

Teri Burch, Judy Flieger, Ann Smart



### **Youth Volunteers Needed!** **Saturday, March 18th**

Saturday, March 18th, our Youth will be working with the CdA Backpack Program, a local nonprofit that provides food bags on weekends and long breaks to students experiencing food insecurity. We'll be stuffing bags for Spring Break.

We need 12 volunteers - please contact Kierstie if you can help.

landscaping companies for over 40 years, including building the Yampa River Botanic Park. Sue has owned and operated her own landscape design, installation and consultation business for the past 25 years in Colorado and for the last 8 years in North Idaho. She has taught horticultural seminars and gardening classes for over 30 years.

---

#### **2023 Lenten Devotion**

### **Inward Work for Outward Living**

-----

The Presbyterian Outlook has once again offered an inspiring daily devotion for Lent written by editor Teri McDowell Ott.

*Inward Work for Outward Living*, explores the ancient spiritual practice of examen that focuses on honest assessment and reflection. With a different theme for each week of Lent, readers are invited to explore the connection between internal contemplation and outward action.

Each daily reflection will combine personal reflection with meditation, visualization and short prayers. The prayers can be used as mantras or breath prayers: breathe in praying the first phrase, breathe out praying the last.

May God bless you and keep you as you journey through this Lenten season.

#### **Download Weekly Devotion**

[Week 3 Devotion](#)

#### **Download Booklet**

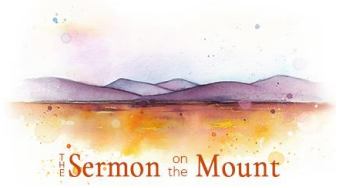
[Inward Work for Outward Living Booklet](#)

---

### **Sunday's Service**

Watch again or for the 1st time!

**The Sermon on the Mount | Greater Than Lilies.** Jesus says, "Do not worry." In a world with so much burn-out, how do we learn to listen? Join our journey as we seek to



place our worries in their proper place. [Watch Now](#)

Many thanks to our team of volunteers who make broadcasting the service possible!

[Watch this service or any of our past services on our YouTube Channel](#)

## Church News

### Sunday Bible Study - New Time

10:30 | Lakeside Room | Krueger Hall

### Summer 2023 at Camp Spalding



The due date for your intent to register and scholarship application has

passed but that doesn't mean you can't attend camp. That said, spaces are limited and if you wait too long you may miss your opportunity to attend this year.

Please call Kierstie if you're thinking about Camp Spalding this summer. Registration opens on March 26th and spaces won't last.

### Drummers Needed!



Do you have the heart to serve in a new way?  
Are your feet tapping during our Praise music?

The Praise Team is looking to expand our band with additional drummers. This is a rotation job, so you'd be sharing it with others.

Please contact [Tom Richards](#) (208-651-4472) if you're interested! Or call the office at 208-667-8446.

### 2022 Annual Report Available!



You can pick up a copy in the Church office or you can also go directly to our website and view the PDF version.

[2022 Annual Report](#)  
[Past Years' Annual Reports](#)

### Gift a Prayer Shawl or Lap Blanket

to someone who could use a lift

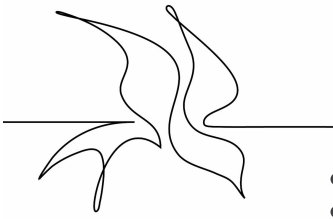
In 2022 our amazing knitters lovingly and prayerfully distributed 53

shawls/lap robes! You should also know that since the beginning of the knitting group, 624 shawls/lap robes have been gifted.



Our wonderful knitters meet every week to keep our supply of prayer shawls ready to gift to someone who could use a cozy boost.

You can find their handiwork in the Fireside Room. Please be sure to fill-in the sign-out sheet when you choose your gift.



We are in the process of re-imagining our small-group opportunities. If you are interested, please stay tuned. In the meantime, you can find information on our website. If you can't find what you're looking for, please call the office.

- [Men's Fellowship](#)
- [Sunday Bible Study](#)
- [Women's Circles](#)

## February Weekly Events

### Sundays

7:15 Bell Choir Rehearsal  
9 am **Classic Service** in Sanctuary & Online  
10:30 am **Contemplative Service** in Sanctuary  
10:30 am Bible Study

-----  
Masks are encouraged if you are vulnerable.

-----  
DOXA 11 am in Gym

### Thursdays

Ecumenical Lunch Kitchen  
ARMS Meeting  
Chancel Choir Rehearsal

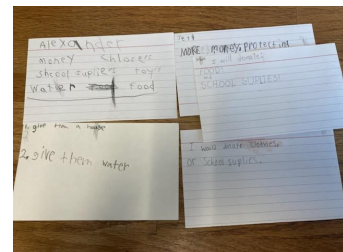
### Fridays

Knitting for Warmth

## Children & Family Ministry

### Volunteers

Look below for the volunteer sign-up link! The sign-up sheet is also available on the wall in its usual place outside of the Adventure Kids Zone, and has been updated with March dates.



#### Volunteer Dates Needed:

3/12 - Elementary Assistant available  
3/19- Both Assistants available  
3/26- Both Pre-k/K available

### New Offering Goals

We have started our new goals for offerings that will go until the end of the school year! I am also excited to say that the kids have already met the first two, hooray!

Email Kyler for more information if you would like to volunteer:

[1stpreschildren@gmail.com](mailto:1stpreschildren@gmail.com). You can also check the volunteer sign-up sheet to sign-up for Sunday School and to help with kids' events:

Sunday School and Event Volunteer  
Signup

# Youth Ministry



---

## Sign-up for the Youth Family Newsletter

Get connected with our family newsletter!  
Email [Kierstie](#) to receive the newsletters.

---

## Check Out Our Schedule

Join our group on the Band App to see our schedule, upcoming events, and more!  
Don't forget to turn on notifications.  
Click [here](#) to join!

---

## Sunday Morning Youth Group

Join us in the Youth Room!

The 1st Sunday of every month, all youth will stay in the Sanctuary to participate in Holy Communion.

Middle Schoolers are invited to join us Sunday mornings in the Youth Room for connection and discipleship during the 9 am service.

High Schoolers will meet at 11:30 for lunch and connection. Contact [Kierstie](#) for details.

---

## Volunteers Needed!

Our team has many fun events planned for our youth, and we would love your help and participation! There are many ways to get involved, from chaperoning big events, serving meals, hiking with students, etc. Please email [Kierstie](#) to get involved!