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Blog of the Week

Kent Kimball



Zippy or Somber?

Some people say I'm too serious; others say I'm not serious enough. Is there a "Goldilocks" amount of light-heartedness and laughter, a "just right" dose? I wasn't sure, so I did some research. What do scientists say? Their research tells us that humor breaks negative thought cycles and releases feelings of anxiety, sadness, and fear. Laughter also cleanses the body of stress hormones, so laughter is good for us

[Read More](#)

This Week



Welcome DOXA Church!

If you had the pleasure of listening to Pastor Joel Parris this summer (June 21st) you've have had a taste of what DOXA is about. We are so very pleased to have entered into an agreement with DOXA and as a result they will be worshipping in Krueger Hall on Sunday's at 4 pm.

As a non-denominational church plant (DOXA's and the Parris' sending group is Soma Church in Spokane), it's approach to the Christian faith or church structure isn't exactly the same as 1st Pres. It does share with us an open-hearted desire to share the grace and welcome of the Gospel to all our neighbors and be servant-missionaries in our community.

found multiple sources/studies which showed that when existing churches support the work of starting new churches, they experience growth themselves. It makes sense. Up to now on Sunday afternoons the parking lots have been empty and the lights off; now there are people and the energy they bring.

Forming partnerships and sharing our resources with new churches can be a huge blessing for existing churches like 1st Pres. Pastor Craig's sabbatical study

We encourage you to share a welcome with DOXA on [Facebook](#) or their [website](#), or even come to their gathering on Sunday afternoon to extend hospitality and greeting.



First, thank you to all who donated meals and groceries for the week 1st Pres hosted the two families participating in the Family Promise program.

We were able to touch base with both families to determine their needs. As it sometimes goes with children and their families in the crisis of being homeless, things do not always go as planned. The family of six exited the program early in the week. Our job as coordinators and volunteers is not to ask why, but to roll with it. So the groceries donated for that family were either stored in the FPNI closet at church or given to the food bank. The food in the FPNI closet will be used when we serve meals again beginning on **Nov. 1st**.

Our other family of mom and baby moved from where they were being sheltered to a hotel. That mom was amazing and rolled with it. We were able to provide her with lactose free meals thanks to our volunteers who served home-cooked meals. We also received cash donations from people who wanted to help but assist with meals. Bill and I were able to contact the guest and find out she was hungry for some Taco Works steak tacos (no cheese!). Guests have always been grateful for the home cooked foods but appreciate the surprises. We also found out later in the week that our guest did not need a meal on Saturday as she had a class. She is a hard working woman with an adorable baby. Family Promise NI will continue with static shelter for guests until at least January of 2021. Beyond

Welcome to our New Custodian!

After a careful search and several interviews with qualified candidates, the personnel team, with the input of the Building & Grounds committee, offered Broderick Ridenour the position of Custodian and Grounds Keeper for 1st Pres! He starts this Friday, October 9th. Please welcome him if you happen to see him. We'll have more information in next week's newsletter and on the website once we have a chance to chat and get his picture. Stay tuned!

Sunday's Service

Watch again or for the 1st time!

This past Sunday was the last in the '**We need to have a word**' series. Words have great power.



How will you use them? Powerful words change things. If you tune into YouTube you'll hear the end of this story ...it's worth your time!

What do we do when we don't know the big picture? Trust God? God always has our best interests at heart. Listen to Carley's devotional message on our YouTube channel. [View HERE](#)

As always, many thanks to the team that made broadcasting the service possible! [Watch this service or any of our past services on our YouTube Channel](#)

that? We will roll with it.

~Teri & Bill Burch

Church News

Super Builders - We Need You For a Super Secret Project

Are you looking for a small-ish project? This is part of the classroom remodel project in the upstairs of the Hunter Building - so we can't say too much about it here but Carley has plans. Those who can help will need to bring gloves and if you have one, a brad nailer and something that can be used to cut wood (a chop saw of some kind).



Carley is raring to go - we have the supplies - we just need some helping hands! Contact Carley at carley@1stpredowntown.org or call the office if you can help.

Connections of Care at 1st Pres



You should have received your packet describing our new program and your

Connections of Care community. You should expect to hear from your Captain this week and as a group you'll decide how to move forward, connecting through prayer.

Remember, as believers we know that prayer is powerful. Prayer can connect us to those around us in ways we could not have imagined. A Connection of Care group is not another place to be or another thing to do - it is simply a way to pray for friends and neighbors from your church.

If you did NOT receive a packet, please call the office so we can get you connected!

**Calling All Singers &
Bell Ringers**

Office Closed Monday, Oct 12th

Please be advised that the office will be closed on Monday, October 12th. The church staff has two floating holidays each year and Columbus Day is the final floating holiday for this year.

Technical Difficulties

Those of you worshiping at home have probably noticed the video signal occasionally cutting out on our YouTube broadcasts. In case you were wondering ...we have been troubleshooting this issue behind the scenes. Your intrepid Tech Team has determined, after testing various scenarios, that the camera is the likely culprit. We hope to replace it soon with current technology once the budget allows.

**Visiting the
Church
Office**



Join our choir in the sanctuary for safe, socially-distanced rehearsals on Thursday evenings at 7 pm.

Contact [Kent Kimball](#). Bell Choir rehearsal are temporarily on hold. If you're interested in joining the Praise team, contact [Ray Weaver](#).

Choir rehearsals: Thursdays at 7 pm in the sanctuary

Our New Normal

Please call the office to schedule any appointments so we can make sure whomever you need to visit is available. 208.667.8446



Children & Family Ministry



Hello First Pres Families!

Not a whole lot of new information to provide this week. We are continuing through the book of Genesis in Sunday school. We have a fully-staffed nursery along with Sunday school teachers for all ages each week. We are here to serve you on Sunday mornings when you are ready to come!

In other news, we had a wonderful turn out for our Adventure Kids' Club with 16 participants! We had a blast learning about the Fruits of the Spirit, more specifically, love. If you did not have a chance to sign up for Kids' Club and are still interested, please let me know! More information below.

IMPORTANT NOTE: As you begin to come back to church you will find we have limited seating in the sanctuary. Because of this, we are inviting children to join us in the **Adventure Zone** before church begins. If you love having your kids sing with you in the sanctuary, you are more than welcome to make that choice for

your family. Simply bring them into the Adventure Zone during announcements. This is a temporary solution to our capacity issue while social distancing. Many have expressed a love of having their children present during the beginning of worship and we do not intend to change this in the long term.

Adventure Kids Club

Kids' Club meets every other Wednesday in conjunction with the middle and high school confirmation classes (kid-free evening anyone?!). The Club is a social opportunity with faith formation, games, and a craft. The focus of our fall/winter session is The Fruits of the Spirit. We will have prizes and incentives along the way, including a big prize at



the end for anyone with perfect attendance! Call Carley if you have questions.

Who: Kindergarten through 5th Grade

Dates:

Time : 6 - 7:30 pm

Wednesday, Oct 14, 28

Wednesday, Nov 11, 25

Wednesday, Dec 9, 23

Guidance

- For safety, our group would need to be between 3 and 15 children
- We will operate within the same color zones as CDA School District, utilizing their guidelines.
- Masks required and a temperature check for all children before entering the building in accordance with the current color zone (this is subject to change as the District changes).
- We will heavily promote social distancing, but with the nature of children, we can not guarantee children will stay socially distanced.
- We will offer at-home activities and challenges for the subsequent Wednesday when we do not gather in person.

Weekly Children's Devotion

Each week we are providing a pre-recorded devotional for children's time. We have created a playlist on YouTube so you can easily access the devotion to share with your child. Here is a link to the devotion for this week: [Devotional for 10/4.](#)



October 4, 2020
Children's Devotion with Carley

I hope you all have an amazing week, I am praying for you and your children. Please reach out with specific prayer requests, questions, or concerns.

Have a blessed week,

Carley

Carley@1stpresdowntown.org or 208-215-5337

Youth Ministry

Middle School and High School Ministry for Fall 2020-Spring 2021



Fun Fall Stuff!

October 7

We've got a fun **Bowling Night** planned at Sunset Bowl from 6-7:30 pm, drop off and pick up at the bowling alley.

October 21

We're planning a **Harvest Party** at the Church but don't have all of the details ironed out yet. We do know it will be from 6-7:30 pm. More info coming soon.



We are excited to begin the journey of confirmation with any interested middle or high schooler! This will be an incredible season! Please reach out to Craig, or Tyler & Kierstie Renninger if you have any questions!

Are you interested in ways you can be involved in supporting our awesome youth? We have many volunteer opportunities available to match your interests, and we would love to get you connected! Please contact Kierstie Renninger for more information! Thanks!

The Details

Pastor Craig has joined forces with the Youth Team to come up with a plan to offer all Middle School and High School students an in-depth walk through what Christians say, do, and believe; which our tradition calls Confirmation. Bi-weekly Wednesday gatherings will be led by Pastor Craig and other adult volunteers. There will also be a schedule of just-for-fun hangout times. Each student will be surrounded by direct support from adult church members and mentors as well as have direct access to Pastor Craig and the volunteers for whatever they're dealing

with. Parents will be supported as well so they feel equipped to reinforce at home what's learned at church. There will be some fun incentives to keep students checked in and up to date. The end of this experience will be a weekend Spring Retreat, an all-expense paid Summer weekend at Silverwood, and a 'rite of passage' faith experience in the Spring that is modeled after a 'prayer walk' experience.



Schedule

Sundays

Sunday services are once again in the sanctuary and online. We'd love to see you!

Wednesdays

We meet every Wednesday, generally at the church for study with Pastor Craig and on the other week, a fun evening with Kierstie and Tyler Renninger.

Staying In Touch

Remember that phone contact is a good substitute for in-person contact. Be sure to keep in touch with each other. We'll keep you up-to-date in the eNews, on the church calendar, or you can call the office. Thank you for staying positive, and please test negative!



Ministry Groups can meet at the church!

Please contact the church office to reserve a room for your Ministry group. Please remember that maintaining social distance and wearing masks is highly recommended. Emily and Chris, your amazing receptionists, will work with the Church Administrator to ensure spaces are available and cleaned properly.